

Paul Schapira Testimonial

When I met Scott, I was playing tennis with a back brace. My doctor told me to wear it to play tennis but eventually I would need back surgery. Scott told me that it wasn't good to play with the brace on. Scott gave me stretching exercises and back strengthening exercises and told me to stop wearing the back brace. Twenty one years later, I still play tennis without a back brace and still no surgery. I have had other injuries such as knee issues, heel problems, calf and hamstring pulls and Scott has always gotten me through it without requiring invasive surgery. I am now 67 years old and still jog, play tennis, ski, hike and dance. Whenever I have an issue, I call Scott.

Paul Schapira